

# Exception From Informed Consent

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# Outline

- What is an Exception From Informed Consent?
- Process for Review of Exception From Informed Consent Submissions
- Requirements for an Exception From Informed Consent
- References

	Waiver of Consent	Alteration of Consent	Waiver of Documented Consent	Exception from Informed Consent (EFIC)
Consent Process?	No	Yes	Yes	Eventually <sup>v</sup>
Consent Document/ Information Sheet?	No	Yes	Yes	Yes
Elements of Consent Changed or Missing?	No	Yes	Maybe*	Maybe*
Consent Signed by Subject/LAR?	No	Maybe*	No	Eventually <sup>v</sup>

\*The alteration of consent may be combined with the waiver of documented consent or EFIC when all criteria are met.

<sup>v</sup>EFIC requires that there be a consent process and signed consent when practicable. For subjects enrolled without consent, researchers must continue to attempt to obtain consent after enrollment.

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# What is an Exception From Informed Consent?

- Anytime:
  - A subject is in a life-threatening situation; and
  - There is not time to obtain consent from the subject or LAR before the research intervention occurs; and
  - It isn't possible to obtain informed consent ahead of time; and
  - The IRB approves the research proceeding without informed consent.
- Generally few and far between
- Requires community consultation and public disclosure
  - Does not require "community consent"

# Process to Review EFIC Submissions

## IRB Review

- Verify the study qualifies for EFIC determination
- Review and approve community consultation and public disclosure plans

## Community Consultation

- Researcher conducts community consultation and initial public disclosure plan
- Researcher summarizes community input and provides to IRB

## IRB Review

- Review the community consultation and public disclosure summary
- Ensure all other criteria for approval are met
- Determine whether the study can be approved as EFIC

# Requirements for Exception From Informed Consent

- The research is not subject to regulation by a Common Rule agency other than DHHS or DoD
- The research does not involve prisoners as subjects
- The research does not involve pregnant subjects, fetuses, non-viable neonates, or neonates of uncertain viability

# Requirements for Exception From Informed Consent

## Study Characteristics:

- The subjects to be enrolled are in a life-threatening situation
- Available treatments/interventions are unproven or unsatisfactory
- The collection of scientific evidence is necessary to determine the safety and effectiveness of particular interventions
  - Could include randomized placebo-controlled investigations
- Participation holds out the prospect of direct benefit to subjects
- Appropriate animal and other preclinical studies support the potential for direct benefit to subjects
- Risks of the study are reasonable in relation to:
  - The medical condition of the potential class of subjects; and
  - The risks and benefits of standard therapy; and
  - What is known about the risks and benefits of the intervention or activity
- The protocol defines the therapeutic window based on scientific evidence



# Requirements for Exception From Informed Consent

## Consent Considerations:

- The IRB reviews and approves a consent process and consent document in accordance with OIA-314
- Obtaining informed consent is not feasible because:
  - Subjects will not be able to give consent due to their medical condition
  - The intervention must be administered before obtaining LAR consent is feasible
  - There is no reasonable way to prospectively identify likely subjects
- The research could not be practicably carried out without the waiver
- The investigator has committed to attempting to contact
  - A LAR for consent within the therapeutic window
  - A non-LAR family member to see if they object to the subject's enrollment within the therapeutic window
- The IRB has reviewed and approved procedures and information to be used when providing an opportunity for a family member to object
- Family member means any of:
  - Spouse, Parents, Children (including adopted children), Siblings, Spouses of Siblings, and any individual related by blood or affinity whose close association with the subject is the equivalent of a family relationship

# Requirements for Exception From Informed Consent

## Additional Protections for Subjects' Rights and Welfare:

- \*Consultation with representatives of the communities in which the research will be conducted and from which subjects will be drawn
  - "Community Consultation"
- \*Public disclosure prior to initiation of the risks and expected benefits to the communities in which the research will be conducted and from which subjects will be drawn
- Public disclosure after completion of sufficient information to apprise the community and researchers of the study, demographics of the research population, and its results
- Establishment of an independent data monitoring committee to exercise oversight of the research

**NOTE:** Initial IRB approval will allow the research team to conduct items with a \*. Subsequent IRB approval will allow conduct of the study.

# Requirements for Exception From Informed Consent

## **Informing Subjects, LARs, and/or Family Members After Enrollment:**

- Subjects, their LARs (if subject still incapacitated), or (if LAR not available) their family members will be informed at the earliest opportunity of:
  - The subject's enrollment in the research; and
  - The details of the investigation; and
  - Any other information contained in the informed consent document
- If a LAR or family member is informed and the subject's condition improves, the subject is also to be informed as soon as feasible
- If consent is not obtained and the subject dies before a LAR or family member can be contacted, information about the research is to be provided to the LAR or family member, if feasible

# Requirements for Exception From Informed Consent

## **FDA Requirements:**

- A licensed physician not participating in the research must concur with the IRB's findings
  - May be an IRB member or consultant to the IRB
- The protocol must be conducted under a separate IND or IDE clearly indicating it is for subjects who cannot consent

## **DoD Requirement:**

- The Secretary of Defense must approve a waiver of the advance informed consent requirement

# References

- [10 USC 980](#)
  - DoD allowance for informed consent waiver
- [21 CFR 50.24](#)
- [DHHS Emergency Research Consent Waiver](#)
- [OIA-419](#)